

RYA 2011 North East & Yorkshire Instructors End of Season BLAST!

Saturday the 5th November 2011 – Yorkshire Sailing Club

The day is all about YOU - developing your personal skills 10:00 – 16:00

Come and join the fun on this informal training day - it's your End of Season REWARD!

There are **LIMITED PLACES** so make sure we have your booking form by the 14th of October

I _____ would like to join the North East & York's BLAST!

Contact Phone Number: _____

Email: _____

(Confirmation of booking will be sent by email only)

Home Address: _____

Emergency contact: Name _____ Number: _____

Usual Teaching Establishment: _____

I am an instructor in the following discipline(s) *(Please tick or mark a Y in the boxes as appropriate)*

Start Windsurfing	<input type="checkbox"/>	Intermediate Windsurfing	<input type="checkbox"/>	Dinghy Instructor	<input type="checkbox"/>	Dinghy Advanced	<input type="checkbox"/>	Senior Instructor	<input type="checkbox"/>	Assistant Instructor	<input type="checkbox"/>
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Preorder Hot Lunch and pay on the day, minimal charge approx £4 *(please tick box below if yes)*

I would like lunch: Dietary requirements: _____

Please provide details of any medical conditions that we should be aware of, including any medication taken: _____

Please specify if you are bringing your own boat/board: _____

I declare that, to the best of my knowledge, I am not suffering from any condition that will affect my participation at the End of Season BLAST and I am fit to participate. I will notify the coach if a condition arises which affects my ability to take part in the course.

Signed: _____ Date _____

You have the opportunity to attend two workshops afloat, one in the morning and another in the afternoon but you can attend the same one twice if you desire!

I am interested in attending the following workshops: (We will try to allocate you your 1st choices - please indicate your 1st, 2nd and 3rd choices by inserting the relevant number in the appropriate box)

Dinghy Performance Skills	<input type="checkbox"/>	Improve your boat handling skills	<input type="checkbox"/>
Dinghy Racing	<input type="checkbox"/>	Windsurf multi Skills Clinic	<input type="checkbox"/>

Please complete & return by **14th of October** along with your cheque for just £10 - payable to 'RYA'
RDO Administrator, Sport Development, RYA House, Ensign Way, Hamble, Southampton, SO31 4YA