

## Stay safe afloat this season



Chairman Stuart Ede - in action

If you are like me, you have only just emerged from hibernation and are now panicking that there is so little time left to get your craft and equipment ready for the imminent start of the season. But we mustn't be tempted to cut corners in our desire to get afloat; it is very important to prepare well, if we are to stay safe on the water.

We are very lucky that boating is one of the safest sports there is. However, every now and then we get an unwelcome reminder that we cannot

afford to be complacent. Three tragic fatalities during the 2009 season – two in sailing and one in powerboat racing - brought that home with a nasty bump.

The fatal powerboat racing accident in Dover Harbour last August is still under investigation, so I cannot comment on that except to say the RYA will be looking closely at what can be learnt from the incident to make powerboat racing safer in future. The RYA's investigation into the two unfortunate sailing deaths at Kielder Water in July has been accepted by the Marine Accident Investigation Branch, so we are able to draw conclusions from that. There have been a number of articles in the boating press and the RYA Magazine, which I recommend everyone to read.

We already know that preventing inversion is the best way to avoid entrapment fatalities, which is reflected in RYA guidance and training – and this is being further reinforced in both sailing and safety boat training courses. On dinghies using the centre or dagger board for leverage gives the crew the best chance of achieving this, so it is important that the board does not retract under gravity if the boat does start to invert. It is therefore strongly recommended that boats are fitted with a means – such as a shock cord retainer - of ensuring that this does not happen.

Another preparatory measure is to ensure that retracting shock cords on trapeze systems do not have too much slack that can wrap around legs or arms etc. In terms of your clothing, minimising the scope for getting snagged is important, eg by wearing a tight vest over trapeze harnesses. A quick release trapeze hook is also highly recommended.

### And what can clubs do? Here are some suggestions:

- Reinforce with safety boat crews the importance – and methods - of righting inverted craft quickly;
- Make sure safety boat crews have wire cutters and serrated knives capable of cutting through modern ropes;
  - Get your first aiders to practice how best to give CPR in the safety boat;
  - Have an emergency procedures guide (all clubs that are training centres will have a guide already; if your club doesn't have one, consult the RYA website or seek guidance from the RYA);
  - Make sure the emergency procedures guide is readily accessible;
  - Spread the word to members.

Making sure we learn from accidents will help us keep boating safe. So get those preparations done and have peace of mind while you enjoy what we all hope will be a superb 2010 season.

**Stuart Ede**  
**Chairman**  
**RYA Yorkshire**  
**& Humberside**

## Sports Award Successes

Two of our youngest and most successful windsurfers won awards at the North Lincolnshire Leisure and Cultural Awards earlier this month.



13 yr old Emma Labourne, pictured above receiving her award from Nigel Adkins, Manager of Scunthorpe United FC, won the award for Young Female Sports Achiever 2010.

Emma, who is now a member of the RYA National Youth Windsurfing Squad, is an outstanding windsurfer and her successes in 2009 would do justice to anyone five or six years her senior.

Also receiving an award on the night was 13 yr old Max Bushell (pictured below with Emma and Nigel Adkins) a fellow member of North Lincs & Humberside Sailing Club and the RYA National Youth Windsurfing Squad. Max was runner up for the Young Male Sports Achiever Award.

Both youngsters show a fantastic combination of talent, enthusiasm, skill and commitment to their sport.



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## A packed programme for the coming season

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### RYA Small Equipment grants

The RYA has received a modest amount of funding from Sport England to use as small equipment grants. These grants are available to any club or centre that is actively engaging with the RYA to increase regular **adult** sailing activity.

The purpose of these grants is to subsidise, up to 50% of the costs of purchasing additional kit and equipment suitable for increasing or sustaining participation in line with the RYA's targets, to a maximum of £2,000. For example, grants can be used to subsidise the following:

- Purchase of new equipment or kit for use by people engaged in sailing/windsurfing activity
- Purchase of safety craft, engines or other support equipment
- Purchase of new wetsuits, buoyancy aids or wet weather gear for use by members/participants

If you have any other ideas that you would like us to consider for funding, please discuss it with your Regional Development Officer, or submit an 'Expression of Interest' Form. Many clubs in the region have already benefited from the Small Grants Scheme. North Lincs & Humberside SC have just bought a Topper Omega for their adult training; Beaver SC built pens to keep their safety boats afloat and safe; Kielder got funding to update their Toppers and buy radios; Scaling Dam got a new engine and Sailability support cushions and Otley SC have new Sailability helmets – All positive stuff!. More information is available on the regional website.



### Disability Awareness Course

This is organised by RYA Sailability and is FREE to anyone who is currently involved or keen to start supporting people with a disability going afloat. In is an interactive and informative day delivered by an experienced coach, it is a great way to expel the myths and

concerns over working with disabilities and to see some of the specialist equipment available.

#### Otley Sailing Club – 24th of April 2010

For more information contact Peter Fox – Sailability Regional Organiser: [pfox119@btinternet.com](mailto:pfox119@btinternet.com)

### Honda Youth RIB 2010

It is time again to prepare for the exciting Honda Youth RIB Championship 2010.

The Regional Final will be held on **Sat 4th Sept** and once again it will be hosted by Welton SC Brough, North Humberside HU15 1PT



For more info please contact Steve Abbott  
Tel: 01482 654153  
Email: [a13sda@yahoo.co.uk](mailto:a13sda@yahoo.co.uk)

## 12 year old Joe Edwards from Doncaster – World and National Jet Ski Champion

Powerboating champions from across the UK came together in February for the annual RYA National Powerboat Racing Awards Ceremony. 50 of the UK's best powerboat racers claimed their awards, and among the winners was 12 year old Joe Edwards from Doncaster.

Following another very successful year in Junior Jet Ski racing, Joe was presented with three award trophies; World Junior 10-12 Lites (2-stroke) Ski Champion, World Junior 10-12 Stock Ski Champion and National Jet Sport Expert (4-stroke) Junior Ski Champion.



Presenting this year's awards was Sir Robin Knox-Johnston CBE, "I'm delighted to be here this evening," said Sir Robin. "It's great to see so many youngsters here collecting their awards and any event that celebrates the success of people out on the water is absolutely fantastic. The boats are extremely sexy, but clearly these guys are all mad! I thoroughly enjoyed my powerboating experience last year, but I don't think I'll be doing it again!"

Unlike Sir Robin, 12 year old Joe Edwards is planning his 2010 racing season already.

"It was a great evening," said Joe, "and I was really surprised, and proud to receive a special award in the form of a Rotary watch for overseas contribution representing Great Britain. Thank you to the RYA and Rotary for the Aquamaster - but I need to take some links out though so it fits!!



For Joe, and his equally successful brother Matt, nothing would be possible without the support of their parents of course.

"A thoroughly enjoyable evening, leaving us proud as always", said Ian Edwards after the awards ceremony. "It has been a great year but the cost of competing at a higher and higher level is mounting up. It is unlikely the boys will be able to compete at the World Finals unless we can secure sponsorship to help cover the £8000 cost."

One real vote of confidence and support was the news that Hot Products, a parts supplier and supporter of the two boys decided to put the boys on the front cover of their 2010 brochure (and Joe on the back as well).

"This is a great honour considering all the great riders out there across the World, said Ian Edwards on behalf of Matt and Joe. "We would like to thank Scott Saito at Hot Products for his support."

## Young windsurfers become Team15 Ambassadors

Team15 windsurfers Charlotte Seal (13) and Jordan Howram (12) from the North Lincs Invaders will be passing their skills on to fellow teammates having been appointed as RYA T15 Ambassadors.

Charlotte and Jordan were presented their T15 Ambassadors rash vests and certificates by Bic Techno 6.8 World and European Champion 2009, Kieran Martin, at a training session at Clowbridge Reservoir on 07 March.



As successful Ambassadors they will now help to develop their Team15 club by promoting Team15, the RYA pathway and zone squad programme to other young sailors and will represent the RYA at Team15 inter-club events. They will also become a point of contact for other young sailors who may need advice about how to move forward with their windsurfing.



Charlotte who lives in Messingham says: "To become an Ambassador is fantastic and I look forward to helping other young windsurfers with their development.

Jordan explains: "To be chosen as an ambassador for T15 is a great pleasure as I can provide my fellow windsurfers with the help and advice at the Team15 level which I was given and help them to move forward into the Zone Squad level."

RYA North and West Zone Head Coach, Ian Roberts says: "It's great to see the likes of Charlotte and Jordan offering their support to other young windsurfers and they really can make a difference."

The Team15 competition attracts the best of the UK's young up and coming windsurfers, all of whom are 15 years or under. Youngsters compete for their team in four heats across the North Zone and the dates this year have just been announced:

**June 27th - Derwent Reservoir Sailing Club**  
**July 11th - North Lincs Sailing Club**  
**August 22nd - Derwent Reservoir Sailing Club**  
**September 19th - Pugneys Country Park, Wakefield**

Supported by industry leaders Neilson, Tushingam/Starboard, Windsurf magazine, Boards magazine and Neil Pryde, Team15 was set up by the RYA to help make windsurfing more accessible and appealing to youngsters at a grass roots level. Fun and informal training sessions take place at Team15 clubs all over the country for young people up to the age of 15, which are run weekly by specialist RYA coaches. The Team15 inter-club championship takes place regionally over the summer adding a competitive edge and race training for those keen to hone their skills.

The overall UK Champions last year were our very own North Lincs Invaders.

Kit can be borrowed from the clubs and the cost of sessions is kept low – to find out how to get involved and your local club visit [www.team15.org.uk](http://www.team15.org.uk) or contact the RYA on 0845 345 0400 or visit [www.rya.org.uk](http://www.rya.org.uk)



## Courses

### Windsurf Senior Instructor

North Lincs & Humberside S. C.  
17th & 18th and 24th & 25th April  
Contact Suzie Blair for more details:  
[suzie.blair@rya.org.uk](mailto:suzie.blair@rya.org.uk)

### Club Rules Advisor

17th April  
Scarborough Yacht Club – this course is free  
To book on contact Steve Russell:  
[steve.win@tiscali.co.uk](mailto:steve.win@tiscali.co.uk)  
The Club Rules Adviser course is a single day of training to operate the RYA Arbitration method for dealing with Rules Disputes.  
The course is suitable for sailors with a good working knowledge of the on-the-water rules who are willing to help their clubs in improving the level of rules observance by offering guidance in a less confrontational way than in the full-blown protest procedure. It's a very interactive course with lots of practice at resolving disputes, and decision-making rather than learning the rules themselves.  
Clubs wishing to run one of these events can contact Carol Haines by email: [chaines@tinyworld.co.uk](mailto:chaines@tinyworld.co.uk) or by phone: 01706 876623; mobile: 07889 325895

### Disability Awareness Course

(Please see info on P2 of this newsletter).

### RYA Dinghy Senior Instructor

WKND1: 8th/9th May  
South Shields Sailing Club  
WKND2: 15th/16th May  
Pugneys Country Park  
09:30 – 21:00 sat  
09:00 – 18:00 sun  
(4 DAY COURSE: MUST ATTEND BOTH WEEKENDS)  
Contact Suzie Blair for more details:  
[suzie.blair@rya.org.uk](mailto:suzie.blair@rya.org.uk)

### Dinghy Advanced Instructors

Venue TBC 22nd & 23rd May

### Dinghy Multihull Instructors Endorsement

Venue TBC 5th & 6th June  
Contact Suzie Blair for more details:  
[suzie.blair@rya.org.uk](mailto:suzie.blair@rya.org.uk)

### Powerboat Instructors

Teesside Nautical Studies  
Dates TBC – please contact Trevor Forester for availability and more details:  
[trevor\\_forester@middlesbrough.gov.uk](mailto:trevor_forester@middlesbrough.gov.uk)

*Don't forget all Instructor Training courses are advertised on the regional website along with lots of other news and information.*

## Boating and Windsurfing Opportunities 2010

It is time once again for the publication of our annual booklet of Boating Opportunities across the Region and beyond. This year the booklet will be in full colour throughout and will be better than ever, containing details of every RYA affiliated club and training centre from North Lincolnshire to the Scottish border.



Anyone wishing to advertise in the new booklet should contact Liz King at Visible Media UK Ltd before 31st March 2010. Email - [liz@visiblemedia.uk.com](mailto:liz@visiblemedia.uk.com)

Copies of the booklet will be distributed throughout the RYA North East and Yorkshire & Humberside regions in mid April.

## Youth Travellers Series 2010

The dates for the 2010 Youth Travellers Series are as follows:

24th April – Huddersfield; 1st May – Scammonden  
8th May – Beaver; 15th May – North Lincs; 22nd May – Pennine;  
5th June – Otley; 12th June – Yorkshire Dales  
19th June – Bridlington; 26th June – Ripon; 10th July – Welton

Anyone needing more information should visit the regional website:

[www.rya-yorkshire.org](http://www.rya-yorkshire.org)

## Nail biting moments for Yorkshire Dales Sailing Club

For the weeks leading up to the RYA Dinghy Show, club members at Yorkshire Dales Sailing Club held their breath as they waited for the results of the RYA Club of the Year competition.

Five clubs were shortlisted:

Bury Lake Young Mariners (Thames Valley Region)  
Donaghadee Sailing Club (Northern Ireland)  
Exe Sailing Club (South West)  
Spinnaker Club (South)  
Yorkshire Dales Sailing Club (Yorks and Humberside)

These clubs were invited to give a presentation to the judging panel at the Dinghy Show, after which the panel would give their decision.

The club, which boasts a brand new clubhouse at Grimwith Reservoir, in the picturesque Yorkshire Dales National Park, has gone from strength to strength in recent years. This strength is due to the hard work and passion of the club Commodore and his team, as club member Phil Whitehead explained:

“Having come from ‘past sell by date’ portabins just 6 months ago, we were amazed to be in the short list of the top five clubs. The successful build of the clubhouse is a result of years of often frustrating legal, financial and planning hurdles, all of which have been overcome by the leadership of our Commodore Jonathan Lister and his team. Through good governance, good timing, bold initiatives, £245,000 from Sport England plus a little luck, we have managed to build a fantastic £700,000 clubhouse. Having seen the competition in the RYA Club of the Year Competition we are humbled by our inclusion, as we see our best years regarding increasing participation into this fantastic sport of sailing, yet to come.”

Suzie Blair, RYA Regional Development Officer echoed Phil's comments and lent her support to the club, “The club members have worked really hard this year organising and running aspects of the RYA OnBoard scheme, and the fact that they have been very successful is largely down to the passion and enthusiasm of the club helpers. They far exceed their predicted OnBoard targets in 2009. I wish them the best of luck in the competition.”

In the end however, the Yorkshire Dales team were runners up.

Winners of the RYA Club of the Year competition were  
Exe Sailing Club.



The team from Yorkshire Dales Sailing Club - Keith Esknell (Rear commodore), Jonathon Lister (Commodore), Erica Caswell (Training officer) and Phil Whitehead (Treasurer)